



## **THE HUMAN RESOURCE ADVISORS' TEAM**

**Barbara Freet, PHR**, Founder and President/CEO, specializes in consulting, product development, sales and training. Barbara is sought out by professional groups and private employers as a guest speaker on a variety of employment-related topics. Barbara has a BA in Social Science and coursework toward an MBA. Barbara founded the company in 1991.

**Amy Freet**, Executive Vice President, has over 16 years of employee handbook customization experience with its emphasis on compliance and best practices. Amy provides HR consulting for our clients and creates our USB drive of forms for hiring, firing and everything in between. Before HRA, Amy held office management and administrative positions for 12 years as an optometry office manager. Amy has a BA in Psychology.

**Michelle Abaunza**, Senior HR Consultant, has over 11 years of extensive HR experience consulting with leaders of small to midsize businesses from various industries. Michelle is a business focused HR professional who has the proven ability to partner with owners and management in many areas, including but not limited to: employee relations, wage and hour issues, performance management, leaves management, training and development and overall State and Federal compliance. She is also bilingual in Spanish. Michelle has a BS in Business Management.

**Wendy Warner**, Senior HR Consultant, has held upper management HR positions in a number of recognizable companies in high tech, wealth management and pharma, in addition to owning her own small business. Wendy specializes in the areas of strategic human resources work, complex employee relations issues, leaves of absences and training and has a very engaging personality which our clients appreciate. Wendy has a BS in Psychology.

**Marianne Sullivan**, Senior HR Consultant, has an excellent track record of managing the full range of HR issues for a variety of industries. Marianne has a "can do" attitude that our clients appreciate and gives wise advice on everything from strategic staffing considerations to benefit choices and worker's comp case management. Marianne has a Masters of Public Administration with an emphasis in Human Resources, and a BS in Human Services.

**Rebecca Sedgwick**, Senior HR Consultant, is a Human Resources professional with nearly two decades of experience in a broad range of Human Resources functions. Specializing in labor and employee relations, culture development, compliance, benefits administration, strategic planning and talent management.

**Sandra Herman**, Senior HR Consultant, brings years of experience as the COO/VP of Human Resources for a large regional insurance brokerage. Prior to that position, Sandra worked in HR for high tech, marketing and management consultant firms. Sandra is our workers' compensation specialist in addition to providing HR guidance and training. Sandra has a Masters in Human Resources and Organizational Development.

**Marina Martinez**, Senior HR Consultant/Manager of our San Jose Office, has the distinction of bringing 20 years of HR manager-level experience specializing in hotel management to our group but also provides much needed bilingual interpreter and translation experience. Marina also provides onsite consulting for our clients with a Hispanic workforce. Marina has an MBA in progress, a BA in Psychology and has studied Restaurant Management at Cornell University and Compensation Management at UC Santa Cruz.

**Jani Chayut**, Administrative Manager/Accountant, has extensive experience owning and managing her own restaurant before joining HRA. Jani provides payroll services for several of our clients who want to outsource their payroll function. Jani also handles all our accounting functions, manages our office resources, and brings excellent homemade treats to the office.