

COVID-19 symptoms? Sydney Care can help.

Check your potential risk quickly with the 24/7 Sydney Care mobile app.

The free Sydney CareSM mobile app is a quick and easy way to get health answers — without leaving home.



Assess your symptoms

If you're not feeling well, you can assess your symptoms on Sydney Care in three easy steps:





Connect with a doctor

If you need medical care after you assess your symptoms, the app will connect you to a doctor through a LiveHealth Online video session or Virtual Care text session.

The doctor you see through your telehealth visit can evaluate your symptoms, help you understand whether you're at risk for COVID-19, and let you know whether you need to visit a local health care provider for COVID-19 testing.



How much does it cost?

The Sydney Care Coronavirus Assessment is always free. We're covering your telehealth visits through LiveHealth Online and Virtual Care text chats until further notice.



Get started now

Download the free Sydney Care mobile app. Within minutes, you'll be able to check your symptoms and connect to care.





If you have questions about your benefits and COVID-19, check **anthem.com/ca/coronavirus**. Visit the CDC website at **cdc.gov/coronavirus** for up-to-date information about COVID-19.