

Is your group impacted by the Bronze benefit adjustment effective May 1, 2020?



Although the DMHC is requiring Anthem to adjust the benefits for physician services on certain Bronze plans, Anthem is helping our impacted members by offering them 12 FREE LiveHealth online visits* before deductible. After the 12th visit, members can expect to pay only a \$5 copay.

What common health concerns can be treated through LiveHealth Online?

The doctors you see using LiveHealth Online can treat a variety of common non-emergent health concerns:

Abrasions, minor wounds	Hypertension
Acne	Incontinence
Anxiety	Influenza/flu
Asthma	Insomnia
Allergies/allergic rhinitis	Nausea/Vomiting
Back pain	Obesity
Depression	Pinkeye and other eye infections
Diabetes/hypoglycemia	Rashes/skin disturbances
Diarrhea	Sinus infection
Ear pain	Smoking cessation
Fever	Sore throat/pharyngitis
Headache/migraine	Sprains and strains
Hypertension Cough/Cold	Urinary tract infection

Can LiveHealth online doctors prescribe medications?

The doctors you see using LiveHealth Online can prescribe medication based on their clinical expertise and the medical conditions presented during the time of your visit. If necessary, the doctor can send prescriptions electronically to the pharmacy you select.

LiveHealth Online additional features?

- Visit with a board certified doctor 24/7
- Option to visit with any available doctor of your choice.
- Spanish speaking doctors available through Cuidado Medico.
- 3 FREE mental health visits through embedded EAP benefits.
- Allergy services
- FREE unlimited Future Moms visits including lactation consultation
- Sick slips available for school/work and will include the date of the visit, recommended date to return to work or school and any restrictions.