

You have more time to take advantage of your health plan benefits

Our primary focus is your health and well-being, and making sure you have access to the care you need. That's why we are giving you more time to enroll in a health plan, file and appeal claims, elect COBRA continuation coverage, and pay COBRA premiums.

In response to the national COVID-19 emergency, we are extending health plan timeframes beginning March 1, 2020, until 60 days after the federal government declares the end of the national emergency or outbreak period in your area, whichever is later.

This means you have more time to:

- Take advantage of special enrollment if you previously declined your employer's health plan coverage but would now like to enroll.
- Elect COBRA continuation coverage if you lose your job or your work hours are reduced.
- Pay COBRA premium payments.
- File or appeal health plan claims.
- Notify your health plan about qualifying life events (such as marriage, divorce, birth of a baby or adoption, or disability determination).

Please visit **[anthem.com/ca/coronavirus](https://www.anthem.com/ca/coronavirus)** for more details about this change and your COVID-19 benefits. The Department of Labor website at **[dol.gov/agencies/ebsa/coronavirus](https://www.dol.gov/agencies/ebsa/coronavirus)** provides more information, including frequently asked questions.

Do you need help?

For the latest information about this change and how Anthem can help you with COVID-19, please visit **[anthem.com/ca/coronavirus](https://www.anthem.com/ca/coronavirus)**.

If you have questions about your eligibility to enroll in a health plan, contact your employer's benefits administrator.

If you have questions about claims, call the Member Services number on your ID card.

Even though you have additional time, you may still receive letters or premium notices that include a due date. We encourage you to submit requested information or payment as soon as you can.

We hope the additional time will make it easier for you to focus on what's most important — your health and well-being.

— Your Anthem team

