

Even at home, dental care is covered

Our orthodontic benefits now include at-home clear aligners

While our members may not be able to visit a dentist's office right now, we remain committed to helping them feel their best.

For our members who want or need teeth straightening, we are making it more convenient and affordable for them to use dental aligners from the safety of their home. Through Ortho@Home, we are providing a simple, more budget-friendly option for members with orthodontia coverage.¹

This new, lower-cost option for teeth straightening helps more of your clients' employees get orthodontic care. With Anthem dental, members with orthodontic coverage will get an in-network discount of \$150 to \$200 off retail pricing for at-home orthodontia. It's convenient, too, since the whole process can be done at their home – no need for monthly follow-up visits to an orthodontist's office.



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Here's how it works

To get a free impression of their teeth, employees will order an at-home impression kit from a retailer in their plan (\$0 with rebate) or visit an in-network retail location for a digital scan.

A dental professional or orthodontist will then determine the most appropriate level of care and create a personalized treatment plan. When treatment is complete, members get their first retainer free to keep their smile in place.

At-home clear aligners are for mild to moderate orthodontic care. The out-of-pocket cost varies by orthodontic plan, but employees get the lowest negotiated fee.³ Standard orthodontic coinsurance and maximums apply.

Coverage for at-home orthodontia for teeth straightening offers employees:

- Lowest possible negotiated fees
- Average treatment plan is 6 months or less
- Free premier teeth whitening
- Free retainers (first set)²
- Money-back guarantee
- Convenient at-home treatment; no orthodontist office visits required
- No claims to file – the Ortho@Home provider will file all claims for our members

Popular Ortho@Home providers

Anthem has partnered with several popular providers to offer network discounts for Ortho@Home. To find a participating provider, visit [anthem.com/ca](https://www.anthem.com/ca) or use our Sydney Health mobile app.



Call your Anthem Specialty representative to learn more about our dental plans.

Promoting good health

When employees are more engaged with their dental health, it helps keep them healthier overall. Good dental health and correct teeth alignment can reduce the risk of plaque and bacteria collecting in the mouth and causing infection in other parts of the body when the immune system has been compromised by disease or other health conditions.⁴

No matter the challenges in these uncertain times or in the future, know that Anthem is doing all we can to help make sure our members stay healthy.



Anthem data based on in-network discounted negotiated pricing, April 2020.

¹ Ortho@Home is available to eligible Anthem members with orthodontic coverage. Coverage is included on plans with the Prime and Complete and Dental Blue 100/200/300 PPO networks.

² Except with SmileDirectClub, which charges a small fee.

³ Out-of-pocket cost estimate based on Anthem plan design for employee-only coverage with a 50% orthodontic benefit. This is only an example. Actual costs will vary based on the individual member's plan design.

⁴ Dental Health Foundation Ireland, *Links between oral & general health: The Mouth-Body Connection* (accessed March 2020); dentalhealth.ie.

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