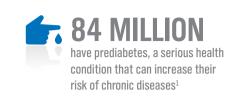


#### The impact of diabetes

A diabetes diagnosis dramatically changes the quality of life for your employees and their families. And there's also the financial burden for families and for society at large:









## Improving health through better connections

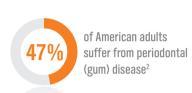
Anthem Whole Health Connection® is about whole-person health. It makes connections between the medical plan and dental, vision and disability plans, so doctors and care managers have a more complete view of each employee's health. This means:

- Doctors can catch and treat problems earlier and close gaps in care.
- Employees are more engaged with their care providers.
- Care is better because everyone is on the same page.

The result? Better health outcomes, lower costs and a better care experience.

At no additional cost to employers, Anthem Whole Health Connection drives cost savings. The more benefits that are integrated, the more complete the view and the savings will be.

## The dental and diabetes connection





### The Anthem Whole Health Connection

We give our members with diabetes extra dental support by automatically enrolling them in extra services like cleanings and exams.4

Patients with diabetes who treat their gum disease have:











# 20% HIGHER

medical costs for patients with diabetes who don't use their comprehensive vision benefit5



## The Anthem Whole Health Connection

During a routine eye exam, an eye doctor may be the first to detect diabetes. When vision and medical plans are connected, vision claims that identify diabetes may trigger a referral to Anthem Care Management. This early intervention helps your employees get the care they need sooner – often resulting in better outcomes.



# The disability and diabetes connection





# The Anthem Whole Health Connection

Our disability case managers and nurse care managers work together to create stay-at-work or return-to-work programs to fit each employee's unique needs. Disability claims for employees with diabetes may trigger a referral to Anthem Care Management for more support.



### The connections make a difference Care alerts and clinical communications to members, doctors and care managers make a big impact, closing gaps in care and helping employees

return to work sooner:







## Anthem Whole Health Connection Better health. Lower costs. Better member experience. To learn more, talk to your producer or Anthem representative or visit us at

specialtybenefits.info/integratedhealthcare.



- 1 Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion: Diabetes and Prediabetes (March 11, 2019): cdc.gov/chronicdisease/resources/publications/factsheets/diabetes-prediabetes-htm.
  2 Centers for Disease Control and Prevention. Periodontal Disease (July 10, 2013): cdc.gov/oralhealth/conditions/periodontal-disease.html.
  3 Jeffcoat Mk et al., "Impact of Periodontal Therapy on General Health: Evidence From Insurance Data for Frystemic Conditions," \*\* \*\*Merieva Journal of Preventive Medicine 47, no. 2 (August 2014): ncbi.nlm.nih.gov/pubmed/24953519.
  4 Additional services are provided to Essential Choice and Metallic PPO members who are actively engaged in an Anthem Care Management program for the following conditions: diabetes, pregnancy, heart conditions, stroke, organ or bone marrow transpretated with chemotherapy, head or neck cancer treated with chemotherapy and/or radiation, suppressed immune system (HIV/AIDS) and end-stage renal disease). These services don't apply to Affordable Care Act or dental HMO plans.
  5 National Opinion Research Center, University of Chicago for Prevent Bilindness America: \*\*Cost of Vision Problems: The Economic Burden of Vision Loss and Eye Disorders in the United States (June 11, 2013): norc.org.
  6 All About Vision: Diabetic Retinopathy (October 2017): allaboutvision.com.
  7 Anthem internal data, 2018 or bone marrow transplant, cancer

Anthem internal data, 2018, 7 Anthem internal data, 2018.
8 American Diabetes Association: The Cost of Diabetes (January 30, 2019): diabetes.org.
9 American Diabetes Association: The Impact of Diabetes on Employment and Work Productivity. Diabetes Care (November 2005): care.diabetesjournals.org.
10 All conditions, not just diabetes. Anthem and its affiliated companies, Productivity Solutions Quantifying Value Study, 2015.