

Unlock the power of *connected care*

Pregnancy complications and health issues in newborns are among your company's biggest health care cost drivers. Connecting your employees' medical plans with their dental and disability plans can help control costs and improve outcomes.

The impact of pregnancy and newborn health issues

Pregnancy complications and health issues in newborns can dramatically change the quality of life for your employees and their families. And there's also the financial burden for families and for society at large:



Improving health through *better connections*

Anthem Whole Health Connection[®] is about whole-person health. It makes connections between the medical plan and dental, vision and disability plans, so doctors and care managers have a more complete view of each employee's health. This means:

- Doctors can catch and treat problems earlier and close gaps in care.
- Employees are more engaged with their care providers.
- Care is better because everyone is on the same page.

The result? Better health outcomes, lower costs and a better care experience.

At no additional cost to employers, Anthem Whole Health Connection drives cost savings. The more benefits that are integrated, the more complete the view and the savings will be.

The dental and maternity connection



Pregnancy causes hormonal changes that raise the risk of developing
GUM DISEASE



Gum disease can affect the health of the
UNBORN BABY
by allowing infections to enter the bloodstream

The Anthem Whole Health Connection

We give our members with pregnancy and newborn health issues **extra dental support** by automatically enrolling them in extra services like cleanings and exams.³



46% TO 73% LOWER
medical costs for certain pregnancy-related treatments when pregnant women treat their gum disease⁴

The disability and maternity connection



Pregnancy and complications of pregnancy are the
LEADING CAUSE
of short-term disability claims⁵



\$5.7 BILLION
in lost work and pay each year due to preterm births²

The Anthem Whole Health Connection

Our disability case managers and nurse care managers work together to create stay-at-work or return-to-work programs to fit each employee's unique needs. Disability claims for pregnant employees may trigger a referral to Anthem Care Management for more support.



25% LOWER
medical costs when members with disability claims engage with a nurse care manager⁶

That's **\$8,000 in savings**

The connections make a difference

Care alerts and clinical communications to members, doctors and care managers make a big impact, closing gaps in care, lowering costs and improving outcomes:



24,000
dental care gaps closed monthly⁷



35%
of disability claims are received before the employee's first day absent and 40% more are received by the end of the first week⁸

Future Moms

Care Management program⁸

↓ 30%

fewer emergency room visits

↓ 15%

lower medical costs overall (\$4,082)

↓ 25%

less time in the neonatal intensive care unit (NICU)

↓ 50%

lower NICU costs

Anthem Whole Health Connection Better health. Lower costs. Better member experience.

To learn more, talk to your producer or Anthem representative or visit us at specialtybenefits.info/integratedhealthcare.