

# **Anthem Whole Health Connection**

### **Dental and Vision Patient Health History — a big-picture view of patients**

When it comes to the health of our members, we believe the bigger picture is the better picture. There's a very real connection between dental health, vision health and overall health, so we wanted to connect the dots between our dental, vision and medical plans to help improve outcomes and lower costs. Because better data leads to better insights, which leads to better care.

That's why we've introduced Patient Health History, a powerful capability through Anthem Whole Health Connection® that gives dentists and eye doctors in our networks a better view of our eligible members' overall health. With Patient Health History, dentists and eye doctors in our network can deliver better care to our members who have medical, dental and vision plans with us because they can view relevant, HIPAA-compliant patient health information online. This may include:\*

- Prescription medications taken.
- Recent medical diagnoses.
- Lab test results.
- Care gap alerts.
- Care Management program participation.

We're able to identify possible gaps in care by connecting the dots between a member's claims or Care Management programs and their medical history. A dentist or eye doctor can then, for example, see an online care gap alert about a patient and provide education or additional care.

## **New in 2020**: health information shared between providers

A new enhancement to our Patient Health History tool will allow in-network providers to share relevant patient information with other in-network medical, dental and vision providers. They'll now be able to collaborate on their patient's health. By sharing important patient data with each other, dentists and eye doctors can positively impact patients' health outcomes.

The added functionality will help dental and vision providers assist primary care doctors in closing gaps in care before the patient leaves the office. The data can identify at-risk patients and help reduce severity of systemic disease. This can help when a patient attends routine eye or dental exams — but doesn't schedule regular medical check-ups.

What does this mean for your employees?

Better care.
Lower costs.
And a better health care experience.

#### Here are examples of how Patient Health History can directly benefit your employees:

#### Samantha went to her dentist for a tooth extraction.



After reviewing Samantha's health history, the dentist discovered that Samantha took a type of medication that puts her at a higher risk of developing osteonecrosis (bone death) of the

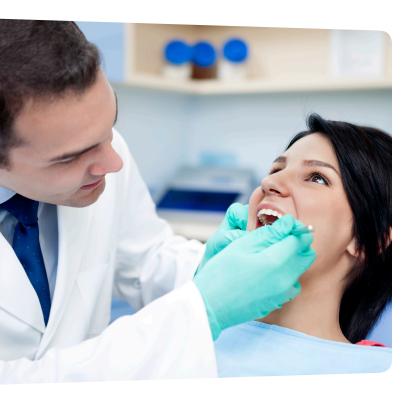
jaw. Certain dental treatments increase that risk, so the dentist consulted with Samantha's primary care physician who recommended a "drug holiday" so Samantha could have the tooth extraction at a future date.

#### George visits the eye doctor for a routine eye exam.



George's eye doctor sees changes in George's eyes that could be an early indication of high blood pressure or diabetes. His eye doctor urges George to

see his primary care physician (PCP) and updates his claims to include the new diagnoses. Our system also sends George's PCP a care alert about the findings. His PCP follows up with George and confirms the high blood pressure and diabetes diagnoses. George gets a prescription for his high blood pressure and diabetes, and his PCP refers him to Anthem Care Management to help manage his conditions.



### The more you know, the better

Stand-alone carriers simply can't do what Anthem can do through our integrated dental, vision and health plans.

To learn more about Anthem Whole Health Connection or Dental and Vision Patient Health History, call your Anthem representative or visit anthem.com/specialty.

<sup>\*</sup> This collaboration is allowed under the Health Insurance Portability and Accountability Act (HIPAA).