

Summary of Dental Benefits and Coverage Disclosure Matrix (SDBC)

Part I: GENERAL INFORMATION

Insurer Name: The Guardian Life Insurance Company of America	Plan Name: J1 Nap with Ortho
Policy Type: PPO	Insurer Phone #: 1-888-Guardian
Effective Date: Beginning on or after 01/01/2022	Insurer Website: guardianlife.com

THIS MATRIX IS INTENDED TO BE USED TO HELP YOU COMPARE COVERAGE BENEFITS AND WHAT YOU WILL PAY FOR COVERED SERVICES. THIS IS A SUMMARY ONLY AND DOES NOT INCLUDE THE PREMIUM COSTS OF THIS DENTAL BENEFITS PACKAGE. PLEASE CONSULT YOUR EVIDENCE OF COVERAGE AND DENTAL CONTRACT FOR A DETAILED DESCRIPTION OF COVERAGE BENEFITS AND LIMITATIONS. FOR MORE INFORMATION ABOUT YOUR COVERAGE, VISIT THE INSURER WEBSITE AT GUARDIANLIFE.COM OR CALL 1-888-GUARDIAN. THIS MATRIX IS NOT A GUARANTEE OF EXPENSES OR PAYMENT.

Part II: DEDUCTIBLES

Deductible	In-Network	Out-of-Network
Dental	Per Individual \$ 50	Per Individual \$ 50

The deductible applies to all services except Preventive.

A deductible is the amount you are required to pay for covered dental services each policy year before the insurer begins to pay for the cost of covered dental treatment.

In-network services are dental care services provided by dentists or other licensed dental care providers that contract with your insurer for alternative rates of payment for dental services.

Out-of-network services are dental care services provided by dentists or other licensed dental care providers that have not contracted with your insurer for alternative rates of payment.

Part III: MAXIMUMS POLICY WILL PAY

Maximums	In-Network	Out-of-Network
Annual Maximum	\$ 1,500	\$ 1,500
Lifetime Maximum for Orthodontia	\$ 1,500	\$ 1,500

Annual maximum is the maximum dollar amount your policy will pay toward the cost of dental care within a specific period of time, usually a consecutive 12-month or calendar year period.

Lifetime maximum means the maximum dollar amount your policy providing dental benefits will pay for the life of the enrollee. Lifetime maximums usually apply to specific services, such as orthodontic treatment.

Part IV: WAITING PERIODS

Waiting Periods: A waiting period is the amount of time that must pass before you are eligible to receive benefits for all or certain dental treatments. There is no waiting period.

Part V: WHAT YOU WILL PAY

All copayments and coinsurance costs shown in this chart apply after your deductible has been met, if a deductible applies. The Common Dental Procedures fit into one of the following applicable categories: Preventive & Diagnostic, Basic or Major. The Benefit Limitations and Exclusions column includes common limitations and exclusions only. For a full list, see the full disclosure document referenced in the Benefit Limitations and Exclusions column.

Common Dental Procedures	Category	In-Network	Out-of-Network	Benefit Limitations and Exclusions
<i>Oral Exam</i>	Preventive	0%, deductible does not apply	0%, deductible does not apply	1 in 6 Months - Please consult Your Certificate of Coverage for a Detailed Description of Coverage Benefits and Limitations.
<i>Bitewing X-ray</i>	Preventive	0%, deductible does not apply	0%, deductible does not apply	
<i>Cleaning</i>	Preventive	0%, deductible does not apply	0%, deductible does not apply	1 in 6 Months - Please consult Your Certificate of Coverage for a Detailed Description of Coverage Benefits and Limitations.
<i>Filling</i>	Basic	20%	20%	
<i>Simple Extraction</i>	Basic	20%	20%	
<i>Root Canal</i>	Basic	20%	20%	
<i>Scaling and Root Planing</i>	Basic	20%	20%	
<i>Ceramic Crown</i>	Major	50%	50%	
<i>Removable Partial Denture</i>	Major	50%	50%	
<i>Orthodontia</i>	Orthodontia	50%	50%	The benefit is only available for groups with 5+ lives and only for those under the age of 19 when the orthodontic appliances are first placed. Please consult Your Certificate of Coverage for a Detailed Description of Coverage Benefits and Limitations.

Part VI: COVERAGE EXAMPLES

THESE EXAMPLES DO NOT REPRESENT A COST ESTIMATOR OR GUARANTEE OF PAYMENT. The examples provided represent commonly used services in the categories of Diagnostic and Preventive, Basic and Major Services for illustrative purposes and to compare this policy to other dental policies you may be considering. Your actual costs will likely be different from those shown in the chart below depending on the actual care you receive, the prices your providers charge and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and the summary of excluded services under the plan.

Dana Has a Dental Appointment with a New Dentist		Sam Needs a Tooth Filled		Maria Needs a Crown	
New patient exam, x-rays (FMX) and cleaning		Resin-based composite - one surface, posterior		Crown - porcelain/ceramic substrate	
Dana's Visit	Dana's Cost	Sam's Visit	Sam's Cost	Maria's Visit	Maria's Cost
Total Cost of Care	In-network: \$250	Total Cost of Care	In-network: \$150	Total Cost of Care	In-network: \$950

	Out-of-network: \$450		Out-of-network: \$250		Out-of-network: \$1,400
Deductible	In-network: Not Applicable	Deductible	In-network: \$50	Deductible	In-network: \$50
	Out-of-network: Not Applicable		Out-of-network: \$50		Out-of-network: \$50
Annual Maximum (Plan Will Pay)	In-network: \$1,500	Annual Maximum (Plan Will Pay)	In-network: \$1,500	Annual Maximum (Plan Will Pay)	In-network: \$1,500
	Out-of-network: \$1,500		Out-of-network: \$1,500		Out-of-network: \$1,500
Patient Cost (copayment or coinsurance)	In-network: 0%	Patient Cost (copayment or coinsurance)	In-network: 20%	Patient Cost (copayment or coinsurance)	In-network: 50%
	Out-of-network: 0%		Out-of-network: 20%		Out-of-network: 50%
In this example, Dana would pay (includes copays/coinsurance and deductible, if applicable):	In-network: \$0	In this example, Sam would pay (includes copays/coinsurance and deductible, if applicable):	In-network: \$80	In this example, Maria would pay (includes copays/coinsurance and deductible, if applicable):	In-network: \$525
	Out-of-network: \$0		Out-of-network: \$100		Out-of-network: \$750
Summary of what is not covered or subject to a limitation:	Exam, x-rays and cleaning are subject to frequency limitations.	Summary of what is not covered or subject to a limitation:	Fillings paid once per tooth in 12 months if under age 19, and once per tooth in 36 months if over age 19. If plan does not include posterior composite coverage, an amalgam benefit will be paid on posterior teeth.	Summary of what is not covered or subject to a limitation:	If plan does not include porcelain coverage on posterior teeth, a metal crown benefit will be paid.