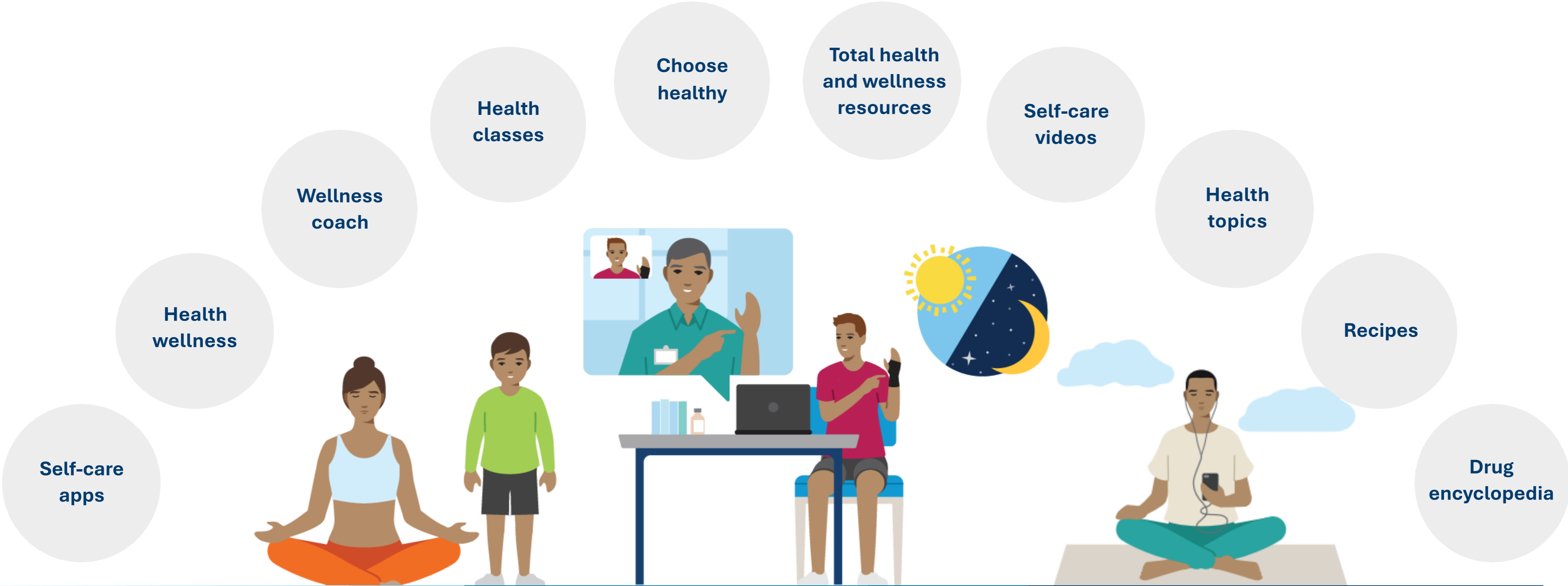


Explore health and wellness resources



For your mental wellness



For your physical health



Learn more about your health

Contact your Kaiser Permanente representative for more information.