

UnitedHealthcare's

Focus

A new HMO option with a focused local network at a low price point





Introducing **Focus**¹, a new HMO plan that provides the same level of coverage as our traditional HMO plans, but at a lower cost. The difference is in the refined local network: a narrower network designed to help keep costs in check.

Refined network

The Focus plan utilizes a distinct subset of UnitedHealthcare of California's full HMO network and provides access to select local physicians and specialists. These physicians coordinate care and work with their patients to manage their health and health care costs.

Flexibility

The Focus plan features preferred local provider systems and local community hospitals at significant savings compared to the more broad network offering. And, because the Focus network is a subset of the more broad UnitedHealthcare network, employers can take advantage of the savings for their local employee population while having the option to wrap or pair the Focus network with additional UnitedHealthcare plans to meet the health care needs of all employees, inside or outside the Focus plan area.

How the plan works

Members must select a primary care physician (PCP) from the Focus network who coordinates care with other physicians and specialists in the network.

Focus plan offers:

 Access to the PCPs and health care professionals at well-known medical group facilities

- ▶ Preventive care checkups at no additional cost
- ▶ Care coordinated by their PCP
- HMO plans
- ▶ A Flexible Spending Account (FSA) option
- Wellness programs and treatment decision support

The Focus product offers employers a number of favorable premium and benefit options designed to provide members with the health coverage they want and need at a more predictable and lower cost.

Wellness programs that encourage members' participation

We believe that wellness programs in the workplace could potentially save employers money. When employees learn how to make good decisions for their health, everyone wins.

- ▶ UnitedHealth Wellness®
- ▶ Fitness reimbursement program
- ▶ Biometric screenings and coaching
- ▶ Health discount program
- Preventive care services
- Member online portal

At UnitedHealthcare, we believe that a well-rounded health plan should have the programs, resources and tools that people need to live healthier lives. That's why Focus, like all our plans, comes with health and wellness features that support members, as well as the physicians who care for them.

Focus Participating Medical Groups²

Group Name	DEC#
Alameda County	
Hill Physicians/East Bay	005245
Contra Costa County	
Hill Physicians/East Bay	005245
Los Angeles County	
Access Medical Group Inc.	010246
Access Santa Monica IPA	025517
Allied Pacific of California IPA	012244
AppleCare Medical Group/Downey Region	015967
AppleCare Medical Group/Select Region	025327
AppleCare Medical Group/St. Francis	014692
Exceptional Care Medical Group	017465
Exceptional Care Medical Group	021250
Korean American Medical Group	019863
Omnicare Medical Group	014498
Pioneer Provider Network A Medical Group Inc.	015848
Premier Physicians Network/San Fernando Valley	020614
Prudent Medical Group	022732
Seoul Medical Group Inc.	019881
St. Vincent Medical Group IPA	014697
Torrance Hospital IPA	026488
Orange County	
American Vietnamese (AMVI)	012130
Daehan Prospect Medical Group	027362
Family Choice Medical Group	019394
Monarch/South Coast	002278
Monarch/Anaheim Memorial Medical Center	016734
Monarch/Mission	018634
Monarch/Orange Coast	013782
Monarch/Orange County	014905
Monarch/Saddleback Memorial Hospital	004789
Monarch/San Clemente	013944
Noble AMA IPA	016335
Prospect Gateway Medical Group	014548
Prospect Genesis Healthcare	014904
Prospect Medical Group/Huntington	017597
Prospect Northwest Orange County Medical Group	008631
Prospect Northwest Orange County Medical Group/ Anaheim	011567

Group Name	DEC#
Riverside County	
Empire Physicians Medical Group Inc.	018657
Hemet Community Medical Group	014586
PrimeCare/Citrus Valley	021243
PrimeCare/Corona	005232
PrimerCare/Hemet Valley	009023
PrimeCare/Moreno Valley	003111
PrimeCare/Riverside	008331
PrimeCare/Sun City	004140
PrimeCare/Temecula	006657
Prospect Medical Group/Corona	017807
Temecula Valley Physicians Medical Group	021941
Tri-Valley Medical Group	026432
Valley Physicians Network Inc.	026405
Placer County	
Hill Physicians/Auburn	015643
Hill Physicians/Sacramento	005206
Sacramento County	
Hill Physicians/Auburn	015643
Hill Physicians/Sacramento	005206
Mercy Medical Group	014608
San Bernardino County	
Alliance Desert Physicians Medical Group	024628
Beaver Medical Group	027825
Chaffey Medical Group	027892
Choice Medical Group	004800
Choice Medical Group/Barstow	021837
Desert Valley Medical Group	027411
Family Practice Medical Group	001011
Pinnacle Medical Group	027850
Pinnacle Medical Group	013670
PrimeCare/San Bernardino	019383
PrimeCare/Inland Valley	006045
PrimeCare/Redlands	001026
Redlands-Yucaipa Medical Group	027828
San Diego County	
Cassidy Medical Group/PCAMG	014748
Encompass Medical Group Inc.	016390
Greater Tri-Cities IPA Medical	014889

Group Name	DEC#
Midcounty Physicians Medical Group	024783
MultiCultural Primary Care Medical Group Inc.	007932
Primary Care Associates Medical Group/Encinitas	016223
Primary Care Associates Medical Group	006039
Rady Children's Health Network	028561
SCMG Arch Health Partners	028360
Sharp Community Medical Group/Graybill North Coastal	025448
Sharp Community Medical Group/Graybill	015882
Sharp Community Medical Group/Inland North	014174
San Francisco County	
Chinese Community Health	012125
San Joaquin County	
Hill Physicians/Manteca	019219
Hill Physicians/Stockton	019217
Omni IPA Inc./Lodi	014997
Omni IPA Inc./Stockton	014990
San Mateo County	
Sequoia Physician Network	024257
Santa Barbara County	
Physicians Choice Medical Group/Santa Maria	026234
Santa Barbara Select IPA	014349
Santa Clara County	
DCHS Medical Foundation	026688
Physicians Medical Group/San Jose	004197
Santa Cruz County	
Physicians Medical Group/Santa Cruz County	005181

Group Name	DEC#
Stanislaus County	
Allcare IPA	018580
Ventura County	
Valley Care IPA	021331
Valley Care Select IPA/West County	025530
Yolo County	
Woodland Clinic Medical Group	005258



Focus is available in Alameda, Contra Costa, Los Angeles, Orange, Placer, Riverside, Sacramento, San Bernardino, San Diego, San Francisco, San Joaquin, San Mateo, Santa Barbara, Santa Clara, Santa Cruz, Stanislaus, Ventura, and Yolo counties.



UnitedHealth Wellness® is a collection of programs and services offered to UnitedHealthcare enrollees to help them stay healthy. It is not intended to be medical advice or a substitute for your doctor's care. It is not an insurance product but is offered to existing enrollees of certain products underwritten or provided by UnitedHealthcare Insurance Company or its affiliates to encourage their participation in wellness programs. Health care professional availability for certain services may be dependent on licensure, scope of practice restrictions or other requirements in the state. Some UnitedHealth Wellness programs and services may not be available in all states or for all group sizes. Components subject to change.

Disclosure: The Health Discount Program is administered by HealthAllies*, Inc., a discount medical plan organization. The Health Discount Program is NOT insurance. The discount program provides discounts at certain health care providers for medical services. The discount program does not make payments directly to the providers of medical services. The discount program member is obligated to pay for all health care services but will receive a discount from those health care providers who have contracted with the discount plan organization. HealthAllies, Inc., is located at P.O. Box 10340, Glendale, CA, 91209, 1-800-860-8773, www.unitedhealthallies.com, ohacustomercare@optumhealth.com. The health discount program is offered to existing members of certain products underwritten or provided by UnitedHealthcare Insurance Company or its affiliates to provide specific discounts and to encourage participation in wellness programs. Health care professional availability for certain services may be dependent on licensure, scope of practice restrictions or other requirements in the state. UnitedHealthcare does not endorse or guarantee health products/services available through the discount program. This program may not be available in all states or for all groups. Components subject to change.

The health care reform law requires the coverage of certain preventive services, based on your age, gender and other health factors, with no cost-sharing. The preventive care services covered are those preventive services specified in the health care reform law. UnitedHealthcare also covers other routine services, which may require a copayment, coinsurance or deductible. Always refer to your plan documents for your specific coverage.

Health plan coverage provided by or through UnitedHealthcare of California. Administrative services provided by United HealthCare Services, Inc., OptumRx or OptumHealth Care Solutions, Inc. Behavioral health products are provided by U.S. Behavioral Health Plan, California (USBHPC) or United Behavioral Health (UBH).

¹ Formal HMO product name: UnitedHealthcare SignatureValue® Focus

² When the Focus network is offered alongside other UnitedHealthcare products or HMO network options, members will find that their direct costs are lower than the other choices available in, at least one, and possibly all of the following ways: (1) member premium contribution, (2) member cost share per visit, or (3) out-of-pocket maximums.