

Dental Plans
Dental PPO

A dental plan
that gives
you plenty to
smile about.



[welcometouhc.com/dentalppo20](https://www.welcometouhc.com/dentalppo20)

Toll-Free **1-888-679-8925**

Habla Español? Podemos ayudar.

We're focused on helping you save money and keeping your teeth and gums healthy.



Giving you freedom and choice.

You can see any dentist you want, anywhere across the country. When you choose a dentist who is part of the plan's large national network, you may receive discounted rates only available to members.

See any dentist and save by using our network.

There's no need to get referrals to see a specialist.

Preventive care is covered 100% in our network.

Get coverage on hundreds of services.

Visit welcometouhc.com/dentalppo20 to find network providers and learn more.



Helping you stay healthier.

Oral cancer screenings.

With our dental plan, adults (age 18 and older) get oral cancer screenings as part of your preventive care benefit.

There are over 49,000 new cases of oral cancer detected¹ and a little over 60% survive more than five years.²

Extra care during pregnancy.

We cover extra dental visits during pregnancy and the first three months after birth.³

Pregnant women are at higher risk of dental disease.⁴

During pregnancy, a woman is more likely to have gum disease. And gum disease is associated with pregnancy complications. Once a woman gives birth, she can pass oral bacteria on to her baby through kisses and sharing spoons. That's why it's so important to treat and detect oral diseases during pregnancy. And it's good to know that seeing a dentist when you're pregnant is safe.



How your teeth affect your health.

Gum disease is a painless disease that causes bacteria and toxins to enter your blood, which may also be connected to:⁵

- ✓ Diabetes
- ✓ Heart disease
- ✓ Respiratory conditions
- ✓ Pregnancy complications
- ✓ Rheumatoid arthritis



Paying for dental care.

Please review your dental plan documents to view the plan's specific coverage and cost details.

1 Deductible.

The deductible is the amount you need to pay before your plan will start to pay for covered services. You'll pay for all dental services until you meet your deductible.

This does not apply to preventive care services received in the network.

2 Coinsurance.

After you reach the deductible, you will share the cost of covered services with the plan. You will only pay a percentage of the cost.

This does not apply to preventive care services received in the network.

3 Annual maximum.

This is the most the dental plan will pay for covered services in the plan year. Once the plan pays this amount, the plan will no longer help pay for services.



Tap into your benefits on myuhc.com[®] and the UnitedHealthcare Health4Me[®] app.

SEARCH
for a network dentist
or dental clinic.

ACCESS
and share your digital
dental plan ID card.

ESTIMATE
dental costs.

VIEW
claims and more.

