



Bring better eye health into focus

Save up to 20% on Dell XPS laptops with Eyesafe Display



The average American worker spends up to 13 hours a day looking at digital screens,¹ exposing them to high levels of screen time and blue light that may contribute to short-term and long-term eye health issues.²

To promote better eye health, UnitedHealthcare Vision members can now save up to **20%** off the cost of Dell XPS laptops with Eyesafe[®] Display, designed to reduce blue light emissions while maintaining vibrant screen color.

- ✓ Eyesafe Display products meet the highest industry standards
- ✓ Available in a wide range of laptop configurations
- ✓ Always-on blue light reduction is built right into the display, without compromising color experience

Nearly
8 in 10
eye care professionals estimate that blue light also affects overall physical and mental health³



Help protect employees from eye strain

Because blue light has a shorter wavelength, it produces a higher level of energy that penetrates deep into our eyes to the retina. While exposure to blue light can make people more alert, too much exposure has the potential to damage retina cells, disrupt sleep and cause eye strain, with symptoms that may include:

- Blurred vision
- Headaches
- Irritated, dry eyes
- Neck and shoulder pain

Eyesafe intelligently manages light energy at the source, selectively reducing potentially harmful blue light and dispersing it across the light spectrum.

Dell XPS with Eyesafe discounts are only available to UnitedHealthcare Vision members.

Learn more

Your employees can find more information and access the offer when they sign in at myuhcvision.com

**United
Healthcare**

¹ Eyesafe. COVID-19 Confinement Is Leading to Screen Time Spike. eyesafe.com/covid-19-screen-time-spike-to-over-13-hours-per-day/. Accessed Dec. 13, 2021.

² National Institutes of Health. Research progress about the effect and prevention of blue lights on eyes. ncbi.nlm.nih.gov/pmc/articles/PMC6288536/. Accessed Mar. 29, 2021.

³ Screen Time 2020 Report, published by Eyesafe and UnitedHealthcare, August 2020.

UnitedHealthcare vision coverage provided by or through UnitedHealthcare Insurance Company, located in Hartford, Connecticut, UnitedHealthcare Insurance Company of New York, located in Islandia, New York, or their affiliates. Administrative services provided by Spectera, Inc., United HealthCare Services, Inc. or their affiliates. Plans sold in Texas use policy form number VPOL.06.TX or VPOL.13.TX and associated COC form number VCOC.INT.06.TX or VCOC.CER.13.TX. Plans sold in Virginia use policy form number VPOL.06.VA or VPOL.13.VA and associated COC form number VCOC.INT.06.VA or VCOC.CER.13.VA. This policy has exclusions, limitations and terms under which the policy may be continued in force or discontinued. For costs and complete details of the coverage, contact either your broker or the company.