

HMO, EOA AND POS¹

PREVENTIVE CARE SUMMARY

Health Net's preventive health guidelines allow Health Net members and their doctors to determine individual needs for preventive care services based on the best available medical evidence.

Preventive care services include health education, counseling and clinical services, such as, well-baby/child care, immunizations, vision screening and hearing screening for children, clinical laboratory and radiology.

The majority of these guidelines are based and consistent with the United States Preventive Services Task Force (USPSTF), Recommendations for Preventive Pediatric Health Care, as adopted by the American Academy of Pediatrics (AAP) and the Recommended Childhood Immunization Schedule/United States jointly adopted by the American Academy of Pediatrics, the Advisory Committee on Immunization Practices (ACIP) of the U.S. Public Health Service and the American Academy of Family Physicians.

For specific age requirements and/or testing frequency limits for the Preventive Services listed below, please visit the USPSTF website at www.ahrq.gov/clinic/uspstfix.htm.

ADULT PREVENTIVE CARE SERVICES

OFFICE VISITS:

- Breast exam
- Bone density screening for osteoporosis
- Cervical cancer screening test
- Colorectal cancer screening
- Counseling and education for diabetes
- Depression screening
- High blood pressure screening
- Mammography
- Osteoporosis screening
- Pelvic exam
- Prostate cancer screening test
- Total cholesterol/HDL screening
- Vision and hearing exams

IMMUNIZATIONS:

- Human Papilloma Virus (HPV)
- Hepatitis A (HepA)
- Hepatitis B (HepB)
- Influenza
- Measles, Mumps, Rubella (MMR)
- Meningococcal
- Pneumococcal (polysaccharide) (PCV)
- Tetanus, Diphtheria, Pertussis (Td/Tdap)
- Varicella

WELL-CHILD CARE SERVICES

OFFICE VISITS:

- Blood level screening
- Blood pressure
- Counseling and education for diabetes
- Laboratory test & x-rays
- Pelvic exam
- Routine physical exams (until age 16)
- Vision and hearing exams

IMMUNIZATIONS:

- Diphtheria, Tetanus, Pertussis (DTaP)
- Haemophilus influenzae type b conjugate (Hib)
- Hepatitis A (HepA)
- Hepatitis B (HepB)
- Human Papilloma Virus (HPV)
- Inactivated Poliovirus (IPV)
- Influenza
- Measles, Mumps, Rubella (MMR)
- Meningococcal
- Pneumococcal (PCV)
- Rotavirus (Rota)
- Varicella

The above list is a summary of the preventive care services covered by Health Net and does not imply coverage. For specific plan details, please refer to your Evidence of Coverage or contact the Customer Service Contact Center at **1-800-361-3366**.

¹Benefits on the EOA and POS products only apply to the HMO tier of the plan. Please refer to your Evidence of Coverage for non-HMO tier benefit specifics. HMO, EOA and POS Plans are offered by Health Net of California, Inc.