

The time is yours!

Aetna Navigator® Member Website



Life doesn't have a pause button. Sometimes, you can't get to the important stuff until the day is done. Or before it starts. Either way, Aetna Navigator has you covered.

Aetna Navigator is your members-only website. It's secure, so your information is protected. Use it whenever you like to manage your health and your health benefits.

- Wondering about the status of a claim?
- Need a temporary or replacement ID card?
- Want to change your primary care physician or dentist?

You can do it all right here — 24 hours a day, 7 days a week.

*If applicable in your area.

*Health benefits and health insurance plans are offered, underwritten or administered by Aetna Health Inc., Aetna Health of California Inc., Aetna Health of the Carolinas Inc., Aetna Health of Illinois Inc., Aetna Health Insurance Company, Aetna Health Insurance Company of New York and/or Aetna Life Insurance Company (Aetna). In Maryland, by Aetna Health Inc., 151 Farmington Avenue, Hartford, CT 06156.

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Manage your health care — when it's convenient

- Review who's covered under your Aetna[†] health benefits or health insurance plan.
- View your flexible spending account (FSA) and health fund balances to better manage your expenses.
- Print your Health History Report — a handy summary of your doctor visits, medical tests, prescriptions and other activities — and share it with your doctor.
- Download claims — for you and your family — to your computer.
- Link to health resources to learn about conditions, treatments and even physical fitness.
- Communicate with Member Services.

See the reverse side for details.

It's easy to get started!

Go to **www.aetna.com**. Click on "Register Now" in the "Members: Secure Information" section.

Visit your
personalized website
anytime, 24/7.

Find what you need, when you need it

The Aetna Navigator Health Information Guide is your starting point to find answers to questions about your health care, types of treatment, cost of services and more. It provides you with links to tools, programs and health content on Aetna Navigator.

The guide gives you easy access to many Aetna resources that can help you make more informed decisions about your health care, such as:

- Finding a doctor in Aetna's network, seeing the doctor's prices* and learning how to prepare for your visit, before you go
- Learning about your Aetna pharmacy benefits
- Finding a hospital in Aetna's network and comparing hospitals when you are seeking care
- Viewing costs for services at hospitals and other medical facilities*
- Reviewing a secure record of your medical history
- Checking your claims, account balances and payments
- Signing up for Aetna programs that can help you live a healthier life

To find the guide, go to the Aetna Navigator home page and click on "Take Action on Your Health." Then select "Health Guide."

We want you to know®





**Don't delay!
Visit your secure
website today!**

www.aetna.com

Stay on top of your plan:

- View medical, dental and pharmacy claims.
- Get pharmacy information, including Preferred Drug List, directory of participating pharmacies, Aetna Rx Home Delivery® mail-order service, and prescription drug cost estimation tools.
- Find FSA balances, payment details, and tools for understanding and managing health care and dependent care spending accounts.

Take action on your health:

- Print wallet-size temporary member ID cards and order replacement cards.
- Use your personalized DocFind® online directory to find health care professionals and facilities that participate in your plan — in English or Spanish.
- Get Member Services phone numbers and mailing addresses.

- Send secure e-mails to Aetna Member Services (also available in Spanish); from the claims detail page, send messages about specific claims with important information already filled in.
- Ask for e-mail alerts when new information, such as Explanation of Benefits (EOB) statements or FSA payments, becomes available.
- Print standard Aetna forms.

Link to health information:

- Visit the Aetna IntelliHealth® website for health, dental and wellness information offered by trusted sources, including Harvard Medical School.
- Search the Healthwise® Knowledgebase for information about thousands of health topics (in English and Spanish).
- With both resources, you can learn more about asthma, pregnancy, heart disease and many other conditions!

Manage your health care:

- Look up costs for health care services such as office visits, medical tests and surgeries before you seek care. This way, you'll be better able to plan for your expenses.
- Learn how much you might save by choosing a doctor who participates in the Aetna network.
- Research prescription drugs. If an Aetna prescription drug plan is included with your benefits, you can compare the cost of brand-name drugs versus generic drugs — when bought at retail pharmacies and through our mail-order drug program.
- Compare hospital outcomes (for certain procedures) to help decide where to receive medical care.

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Policy forms issued in Oklahoma include: HMO/OK COC-4 09/02, HMO/OK GA-3 11/01, HMO OK POS RIDER 08/07, GR-23 and/or GR-29/GR-29N.

We want you to know®



www.aetna.com

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