



# Make your move with Apple Fitness+

## Now all you need is iPhone\*

Your health plan includes 12 months of Fitness+ at no additional cost—and now all you need to claim this offer is iPhone. What’s more, your subscription can be shared with up to 5 eligible family members. Get ready for a different type of fitness experience with trainers who aim to inspire with a welcoming approach.

### Another plus of your plan

Your journey to a healthier body and mind starts here. Choose from a variety of different workout types from HIIT to Yoga, and meditations too. Fitness+ helps keep you motivated with:

- Workouts for beginners to advanced with modifications for every level
- New workouts and meditations added every week, lasting from 5 to 45 minutes
- Music from top artists to help keep you moving



## No additional cost

**A \$79.99 value\*\***

(iPhone 8 or later required for subscription.)

### Redeem your offer

Get started at [uhc.com/apple-fitness-plus](https://uhc.com/apple-fitness-plus)

United  
Healthcare

Apple Fitness+

\*Apple Fitness+ requires iPhone 8 or later with iOS 16.1 or later, or Apple Watch Series 3 or later with watchOS 7.2 or later and one of the following Apple devices: iPhone 6s or later with iOS 14.3 or later, iPad with iPadOS 14.3 or later, or Apple TV with tvOS 14.3 or later. Must be 13+ years of age and covered under an applicable health plan. Available to applicable UnitedHealthcare medical plans for fully insured customers until 12/31/23.

\*\*\$9.99 per month for 12 months or \$79.99 annually.

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The information provided under this program is for general informational purposes only and is not intended to be nor should be construed as medical advice. You should consult with an appropriate health care professional before beginning any exercise program and/or to determine what may be right for you. The value of the application and/or gift card may be taxable. You should consult with an appropriate tax professional to determine if you have any tax obligations from having access to this application at no additional cost, or under this program, as applicable.

Insurance coverage provided by or through UnitedHealthcare Insurance Company or its affiliates.

For UnitedHealthcare Level Funded Members: Administrative services provided by United HealthCare Services, Inc. or their affiliates, and UnitedHealthcare Service LLC in NY. Stop-loss insurance is underwritten by All Savers Insurance Company (except CA, MA, MN, NJ and NY), UnitedHealthcare Insurance Company in MA and MN, UnitedHealthcare Life Insurance Company in NJ, UnitedHealthcare Insurance Company of New York in NY, and All Savers Life Insurance Company of California in CA.