

# Your summary of benefits



Anthem® Blue Cross

Your 2026 Contract Code: 8VEN

Your Plan: Anthem Virtual Access Plus Platinum PPO 20

Your Network: Prudent Buyer PPO

*This summary of benefits is a brief outline of coverage, designed to help you with the selection process. Unless stated otherwise, the limitations for In- and Out-of-Network services are combined and services received in an office, Ambulatory Surgical Center, or outpatient facility are combined across all outpatient settings. This summary does not reflect each and every benefit, exclusion and limitation which may apply to the coverage. For more details, important limitations and exclusions, please review the Evidence of Coverage (EOC). If there is a difference between this summary and the Evidence of Coverage (EOC), the Evidence of Coverage (EOC), will prevail.*

Visits with Virtual Care-Only Providers	Cost through our mobile app and website
Primary Care, and medical services for urgent/acute care	No charge
Mental Health & Substance Use Disorder Services	No charge
Specialist care	\$40 copay per visit

Covered Medical Benefits	Cost if you use an In-Network Provider	Cost if you use an Out-of-Network Provider
Overall Deductible	\$0 person / \$0 family	\$2,000 person / \$4,000 family
Overall Out-of-Pocket Limit <i>When you meet your out-of-pocket limit, you will no longer have to pay cost-shares during the remainder of your benefit period.</i>	\$2,750 person / \$5,500 family	\$5,500 person / \$11,000 family
<p>The family deductible and out-of-pocket limit are embedded, meaning the cost shares of one family member will be applied to the per member deductible and per member out-of-pocket limit; in addition, amounts for all covered family members apply to both the family deductible and family out-of-pocket limit. No one member will pay more than the per member deductible or per member out-of-pocket limit.</p> <p>In-Network and Out-of-Network out-of-pocket limit amounts are separate and do not accumulate toward each other.</p> <p>Your copays, coinsurance and deductible count toward your out-of-pocket limit. However, member cost sharing for the following service(s) do not apply toward the out-of-pocket limit: adult vision.</p>		
<p><b>Doctor Visits (virtual and office)</b> You are encouraged to select a Primary Care Physician (PCP).</p> <p><b>Primary Care (PCP) and Mental Health and Substance Use Disorder Services</b> <i>virtual and office</i></p>		
Primary Care (PCP) and Mental Health and Substance Use Disorder Services <i>virtual and office</i>	virtual-No charge office-\$20 copay per visit	50% coinsurance after medical deductible is met

Covered Medical Benefits	Cost if you use an In-Network Provider	Cost if you use an Out-of-Network Provider
<b>Specialist Provider</b> <i>virtual and office</i>	\$40 copay per visit	50% coinsurance after medical deductible is met
<b>Other Practitioner Visits</b>		
Maternity Doctor services Prenatal care	No charge	50% coinsurance after medical deductible is met
Delivery	\$300 copay per pregnancy	50% coinsurance after medical deductible is met
Postpartum care	\$20 copay per visit	50% coinsurance after medical deductible is met
Retail Health Clinic Visit	\$20 copay per visit	50% coinsurance after medical deductible is met
Chiropractic/Manipulation Therapy <i>Coverage is limited to 20 visits per year.</i>	\$15 copay per visit	Not covered
Acupuncture	\$20 copay per visit	Not covered
<b>Other Services in an Office</b>		
Allergy Testing	\$40 copay per visit <sup>‡</sup>	50% coinsurance after medical deductible is met
Prescription Drugs - Dispensed in the office <i>For the drugs itself dispensed in the office through infusion/ injection.</i>	\$250 copay per day	50% coinsurance after medical deductible is met
Surgery	\$40 copay per visit <sup>‡</sup>	50% coinsurance after medical deductible is met
<b>Preventive care / screenings / immunizations</b>	No charge	50% coinsurance after medical deductible is met
<b>Preventive care for Chronic Conditions</b> <i>per IRS guidelines</i>	No charge	Cost share is based on the setting services are received.
<b>Diagnostic Services Lab</b>		
Office <i>Office Cost Share applies only when Freestanding/ Reference Labs are not used.</i>	\$25 copay per visit	50% coinsurance after medical deductible is met

Covered Medical Benefits	Cost if you use an In-Network Provider	Cost if you use an Out-of-Network Provider
<p>Freestanding Lab/Reference Lab</p> <p>Outpatient Hospital <i>Anthem's maximum payment is up to \$380 per service for Out-of-Network Providers.</i></p>	<p>No charge</p> <p>\$40 copay per visit</p>	<p>50% coinsurance after medical deductible is met</p> <p>50% coinsurance after medical deductible is met</p>
<p><b><u>Diagnostic Services X-Ray</u></b></p> <p>Office</p> <p>Freestanding Radiology Center</p> <p>Outpatient Hospital <i>Anthem's maximum payment is up to \$380 per service for Out-of-Network Providers.</i></p>	<p>\$25 copay per visit</p> <p>\$25 copay per visit</p> <p>\$40 copay per visit</p>	<p>50% coinsurance after medical deductible is met</p> <p>50% coinsurance after medical deductible is met</p> <p>50% coinsurance after medical deductible is met</p>
<p><b><u>Diagnostic Services Advanced Diagnostic Imaging</u></b> - for example: MRI, PET and CAT scans</p> <p>Office <i>Anthem's maximum payment is up to \$800 per service for Out-of-Network Providers.</i></p> <p>Freestanding Radiology Center <i>Anthem's maximum payment is up to \$380 per admission for Out-of-Network providers.</i></p> <p>Outpatient Hospital <i>Anthem's maximum payment is up to \$380 per admission for Out-of-Network providers.</i></p>	<p>\$100 copay per day</p> <p>\$250 copay per day</p> <p>\$300 copay per day</p>	<p>50% coinsurance after medical deductible is met</p> <p>50% coinsurance after medical deductible is met</p> <p>50% coinsurance after medical deductible is met</p>
<p><b><u>Emergency and Urgent Care</u></b></p> <p><b>Urgent Care (Office Setting)</b></p> <p><b>Emergency Room Facility Services</b> <i>Your copay will be waived if admitted.</i></p> <p><b>Emergency Room Doctor and Other Services</b></p> <p><b>Ambulance Transportation</b></p>	<p>\$20 copay per visit</p> <p>\$250 copay per visit</p> <p>No charge</p> <p>\$250 copay per trip</p>	<p>50% coinsurance after medical deductible is met</p> <p>Covered as In-Network</p> <p>Covered as In-Network</p> <p>Covered as In-Network</p>
<p><b><u>Outpatient Mental Health and Substance Use Disorder Services at a Facility</u></b></p> <p><b>Facility Fees</b></p>	<p>\$150 copay per visit</p>	<p>50% coinsurance after medical deductible is met</p>

Covered Medical Benefits	Cost if you use an In-Network Provider	Cost if you use an Out-of-Network Provider
<b>Doctor Services</b>	No charge	50% coinsurance after medical deductible is met
<b><u>Outpatient Surgery</u></b>		
<b>Facility Fees</b> <p>Hospital <i>Anthem's maximum payment is up to \$380 per service for Out-of-Network Providers.</i></p> <p>Ambulatory Surgical Center</p>	\$150 copay per visit  \$75 copay per visit	50% coinsurance after medical deductible is met  50% coinsurance after medical deductible is met
<b>Physician and other services including surgeon fees</b> <p>Hospital</p> <p>Ambulatory Surgical Center</p>	No charge  No charge	50% coinsurance after medical deductible is met  50% coinsurance after medical deductible is met
<b><u>Hospital Stay (all Inpatient stays including Maternity, Mental Health and Substance Use Disorder Services)</u></b>  <i>If readmitted within 72 hours for the same condition, no additional facility copay is required. If transferred between facilities, only one copay will apply.</i> <p><b>Facility fees (for example, room &amp; board)</b> <i>Coverage for Skilled Nursing and Inpatient Rehabilitation facility (includes services in an outpatient day rehabilitation program) is limited to 100 days combined per benefit period. Anthem's maximum payment is up to \$650 per day for Out-of-Network providers.</i></p> <p><b>Physician and other services including surgeon fees</b></p>	\$250 copay per day up to 4 days per admission  No charge	50% coinsurance after medical deductible is met  50% coinsurance after medical deductible is met
<b>Home Health Care</b>  <i>Home health visits are limited to 100 visits per benefit period. Benefit limit does not apply to physical, occupational or speech therapy when performed as part of Home Health. Limits are combined for home health care and private duty nursing. Anthem's maximum payment is up to \$75 per visit for Out-of-Network.</i>	\$40 copay per visit	50% coinsurance after medical deductible is met
<b><u>Therapy Services</u></b>  <b>Rehabilitation services (for example, physical/speech/occupational therapy)</b>		

Covered Medical Benefits	Cost if you use an In-Network Provider	Cost if you use an Out-of-Network Provider
<p>Office</p> <p>Outpatient Hospital <i>Anthem's maximum payment is up to \$380 per admission for Out-of-Network providers.</i></p>	<p>\$20 copay per visit</p> <p>\$40 copay per visit</p>	<p>50% coinsurance after medical deductible is met</p> <p>50% coinsurance after medical deductible is met</p>
<p><b>Habilitation services (for example, physical/speech/occupational therapy)</b></p> <p>Office</p> <p>Outpatient Hospital <i>Anthem's maximum payment is up to \$380 per admission for Out-of-Network providers.</i></p>	<p>\$20 copay per visit</p> <p>\$40 copay per visit</p>	<p>50% coinsurance after medical deductible is met</p> <p>50% coinsurance after medical deductible is met</p>
<p><b>Pulmonary rehabilitation</b> office and outpatient hospital</p>	<p>\$40 copay per visit</p>	<p>50% coinsurance after medical deductible is met</p>
<p><b>Cardiac rehabilitation</b> office and outpatient hospital</p>	<p>\$40 copay per visit</p>	<p>50% coinsurance after medical deductible is met</p>
<p><b>Dialysis/Hemodialysis</b></p> <p>Office</p> <p>Outpatient Hospital</p>	<p>\$40 copay per visit</p> <p>\$150 copay per visit</p>	<p>50% coinsurance after medical deductible is met</p> <p>50% coinsurance after medical deductible is met</p>
<p><b>Chemo/Radiation Therapy</b></p> <p>Office</p> <p>Outpatient Hospital</p>	<p>\$40 copay per visit</p> <p>\$150 copay per visit</p>	<p>50% coinsurance after medical deductible is met</p> <p>50% coinsurance after medical deductible is met</p>
<p><b>Skilled Nursing Care (in a facility)</b></p> <p><i>Coverage for Skilled Nursing and Inpatient Rehabilitation facility (includes services in an outpatient day rehabilitation program) is limited to 100 days combined per benefit period. Anthem's maximum payment is up to \$150 per day for admissions to Out-of-Network providers.</i></p>	<p>\$250 copay per day up to 4 days per admission</p>	<p>50% coinsurance after medical deductible is met</p>

Covered Medical Benefits	Cost if you use an In-Network Provider	Cost if you use an Out-of-Network Provider
<b>Inpatient Hospice</b>	\$250 copay per day up to 4 days per admission	50% coinsurance after medical deductible is met
<b>Durable Medical Equipment</b>	\$100 copay per visit	50% coinsurance after medical deductible is met

Covered Prescription Drug Benefits	Cost if you use a Preferred Network Pharmacy	Cost if you use an In-Network Pharmacy	Cost if you use an Out-of-Network Pharmacy
<b>Pharmacy Deductible</b>	Not applicable	Not applicable	Not covered
<b>Pharmacy Out-of-Pocket Limit</b>	Combined with In-Network medical out-of-pocket limit	Combined with In-Network medical out-of-pocket limit	Not covered

### Prescription Drug Coverage

#### Network: Rx Choice Tiered Network

**Drug List:** *Select Drugs not included on the Select drug list will not be covered. Prescription Drugs that we are required to cover by federal law under the "Preventive Care" benefit will be covered with no deductible, copayments or coinsurance when you use an In-Network Pharmacy.*

#### Day Supply Limits:

**Retail Pharmacy** 30 day supply (cost shares noted below)

**Retail 90 Pharmacy** 90 day supply (cost shares noted below)

**Home Delivery Pharmacy** 90 day supply (maximum cost shares noted below). Maintenance medications are available through our home delivery pharmacy. You will need to call us on the number on your ID card to sign up when you first use the service.

**Specialty Pharmacy** 30 day supply (cost shares noted below for retail and home delivery apply). We may require certain drugs with special handling, provider coordination or patient education be filled by our designated specialty pharmacy.

<b>Tier 1 - Typically Generic</b> <i>Each 90 day supply script filled at Retail 90 pharmacies is subject to 3 times the 30 day supply cost share(s) charged at Preferred Network and In-Network Retail Pharmacies.</i>	\$5 copay per prescription (retail) and \$10 copay per prescription (home delivery)	\$15 copay per prescription (retail only)	Not covered (retail and home delivery)
<b>Tier 2 - Typically Preferred Brand</b> <i>Each 90 day supply script filled at Retail 90 pharmacies is subject to 3 times the 30 day supply cost share(s) charged at Preferred Network and In-Network Retail Pharmacies.</i>	\$25 copay per prescription (retail) and \$63 copay per prescription (home delivery)	\$35 copay per prescription (retail only)	Not covered (retail and home delivery)
<b>Tier 3 - Typically Non-Preferred Brand</b> <i>Each 90 day supply script filled at Retail 90 pharmacies is subject to 3 times the 30 day supply cost share(s) charged at Preferred Network and In-Network Retail Pharmacies.</i>	\$75 copay per prescription (retail) and \$188 copay per prescription (home delivery)	\$85 copay per prescription (retail only)	Not covered (retail and home delivery)
<b>Tier 4 - Typically Specialty (brand and generic)</b>	\$250 copay per prescription (retail and home delivery)	\$250 copay per prescription (retail only)	Not covered (retail and home delivery)

Covered Vision Benefits	Cost if you use an In-Network Provider	Cost if you use an Out-of-Network Provider
<p><i>This is a brief outline of your vision coverage. Not all cost shares for covered services are shown below. Benefits include coverage for member's choice of eyeglass lenses or contact lenses, but not both. For a full list, including benefits, exclusions and limitations, see the combined Evidence of Coverage/Disclosure form/Certificate. If there is a difference between this summary and either Evidence of Coverage/Disclosure form/Certificate, the Evidence of Coverage/Disclosure form/Certificate will prevail. Only children's vision services count towards your out-of-pocket limit.</i></p>		
<b>Children's Vision Essential Health Benefits (up to age 19)</b>		
<b>Child Vision Deductible</b> <p><b>Vision Exam</b>  <i>Coverage for In-Network Providers and Out-of-Network Providers is limited to 1 exam per benefit period.</i></p>	Not applicable No charge	Not applicable \$0 copayment up to plan's Maximum Allowed Amount
<b>Frames</b> <i>Coverage for In-Network Providers and Out-of-Network Providers is limited to 1 unit per benefit period.</i>	No charge	\$0 copayment up to plan's Maximum Allowed Amount
<b>Single Vision Lenses</b> <i>Coverage for In-Network Providers and Out-of-Network Providers is limited to 1 unit per benefit period.</i>	No charge	\$0 copayment up to plan's Maximum Allowed Amount
<b>Bifocal Vision Lenses</b> <i>Coverage for In-Network Providers and Out-of-Network Providers is limited to 1 unit per benefit period.</i>	No charge	\$0 copayment up to plan's Maximum Allowed Amount
<b>Trifocal Vision Lenses</b> <i>Coverage for In-Network Providers and Out-of-Network Providers is limited to 1 unit per benefit period.</i>	No charge	\$0 copayment up to plan's Maximum Allowed Amount
<b>Elective Contact Lenses</b> <i>Coverage for In-Network Providers and Out-of-Network Providers is limited to 1 unit per benefit period.</i>	No charge	\$0 copayment up to plan's Maximum Allowed Amount
<b>Non-Elective Contact Lenses</b> <i>Coverage for In-Network Providers and Out-of-Network Providers is limited to 1 unit per benefit period.</i>	No charge	\$0 copayment up to plan's Maximum Allowed Amount
<b>Adult Vision (age 19 and older)</b>		
<b>Adult Vision Deductible</b> <p><b>Vision Exam</b>  <i>Coverage for In-Network Providers and Out-of-Network Providers is limited to 1 exam per benefit period.</i></p>	Not applicable \$20 copay	Not applicable Reimbursed Up to \$30
<b>Frames</b>	Not covered	Not covered
<b>Single Vision Lenses</b>	Not covered	Not covered
<b>Bifocal Vision Lenses</b>	Not covered	Not covered
<b>Trifocal Vision Lenses</b>	Not covered	Not covered
<b>Elective Contact Lenses</b>	Not covered	Not covered
<b>Non-Elective Contact Lenses</b>	Not covered	Not covered

Covered Dental Benefits	Cost if you use an In-Network Provider	Cost if you use an Out-of-Network Provider
<p><i>This is a brief outline of your dental coverage. Not all cost shares for covered services are shown below. For a full list, including benefits, exclusions and limitations, see the combined Evidence of Coverage/Disclosure form/Certificate. If there is a difference between this summary and either Evidence of Coverage/Disclosure form/Certificate, the Evidence of Coverage/Disclosure form/Certificate will prevail. Only children's dental services count towards your out-of-pocket limit.</i></p>		
<b>Children's Dental Essential Health Benefits</b> <p><b>Diagnostic and preventive</b>  <i>Coverage for In-Network Providers and Out-of-Network Providers is limited to 1 visit per 6 months.</i></p>	No charge	No charge
<b>Basic services</b>	20% coinsurance	20% coinsurance dental deductible does not apply
<b>Major services</b>	50% coinsurance	50% coinsurance dental deductible does not apply
<b>Medically Necessary Orthodontia services</b>	50% coinsurance	50% coinsurance dental deductible does not apply
<b>Cosmetic Orthodontia services</b>	Not covered	Not covered
<b>Deductible</b>	\$0	\$0
<b>Adult Dental</b>		
<b>Diagnostic and preventive</b>	Not covered	Not covered
<b>Basic services</b>	Not covered	Not covered
<b>Major services</b>	Not covered	Not covered
<b>Deductible</b>	Not covered	Not covered
<b>Annual maximum</b>	Not covered	Not covered

**Notes:**

- Benefit period refers to calendar year.
- For additional information on this plan, please visit [www.sbc.anthem.com](http://www.sbc.anthem.com) to obtain a “Summary of Benefits and Coverage”.
- If services are rendered by a non-participating provider and your plan includes Out-of-Network benefits, you may be responsible for any difference between the covered plan payment and the actual non-participating provider’s charge.
- For plans with an office visit copay, the copay applies to the actual office visit and additional cost shares may apply for any other service performed in the office (i.e., X-ray, lab, surgery), after any applicable deductible.
- The limits for physical, occupational, and speech therapy, if any apply to this plan, will not apply if you get care as part of the Mental Health and Substance Use Disorder benefit.
- $\ddagger$  You will pay your PCP or Specialist office visit copay for certain services provided in their office.
- Certain services are subject to the utilization review program or precertification. Before scheduling services, the member must make sure utilization or precertification review is obtained. If utilization or precertification review is not obtained, benefits may be reduced or not paid according to the plan.
- You must get certain covered transplant procedures from an Approved In-Network Provider to receive the In-Network level of benefits.
- Coverage includes standard fertility preservation services as a basic healthcare service including but are not limited to, injections, cryopreservation and storage for both male and female members when a medically necessary treatment may cause iatrogenic infertility. Member cost share for fertility preservation services is based on provider type and service rendered.
- This health plan includes an Employee Assistance Program (EAP) to support your emotional health and wellness with work life resources, including one-on-one counseling by phone, in person and online. Three counseling visits are available at no charge to a member. EAP member service is accessible 24/7/365.

Anthem Blue Cross is the trade name of Blue Cross of California. Independent licensee of the Blue Cross Association. ® ANTHEM is a registered trademark of Anthem Insurance Companies, Inc. The Blue Cross name and symbol are registered marks of the Blue Cross Association.

Questions: (855) 383-7248 or visit us at [www.anthem.com/ca](http://www.anthem.com/ca)

CA/SG/Anthem Virtual Access Plus Platinum PPO 20/8VEN/2026

## Get help in your language

### Language Assistance Services

Curious to know what all this says?

We would be too. Here's the English version:

**IMPORTANT:** Can you read this letter? If not, we can have somebody help you read it. You may also be able to get this letter written in your language. For free help, please call right away at 1-888-254-2721. (TTY/TDD:711)

Separate from our language assistance program, we make documents available in alternative formats for members with visual impairments. If you need a copy of this document in an alternate format, please call the customer service telephone number on the back of your ID card.

### Spanish

**IMPORTANTE:** ¿Puede leer esta carta? Si no, podemos pedirle a alguien que le ayude a leerla. También es posible que pueda solicitar que le envíemos esta carta escrita en su idioma. Para obtener ayuda gratuita, llame de inmediato al 1-888-254-2721 (TTY/TDD: 711).

### Arabic

هام: هل تستطيع قراءة هذه الرسالة؟ إذا لم يكن الأمر كذلك، يمكننا أن نطلب من شخص ما مساعدتك في قراءتها. قد تتمكن أيضًا من الحصول على هذه الرسالة مكتوبة بلغتك. للحصول على مساعدة مجانية، يرجى الاتصال على الفور على الرقم 1-888-254-2721. (TTY/TDD: 711)

### Armenian

ՈՒԾԱՐԴՈՒԹՅՈՒՆ. Կարողանո՞ւմ եք կարդալ այս նամակը: Եթե ոչ, մենք կարող ենք առաջարկել որևէ մեկի օգնությունը՝ ձեզ համար այն կարդալու համար: Դուք կարող եք նաև այս նամակը ստանալ ձեր լեզվով: Անվճար օգնության համար ինդրում ենք անմիջապես զանգահարել՝ 1-888-254-2721. (TTY/TDD: 711)

### Chinese

重要：您能看此信嗎？如果不能，我們可以請人幫您看。您還可以獲得以您的語言寫的此信件。如需免費幫助，請立即致電 1-888-254-2721. (TTY/TDD:711)

### Farsi

ما، تو اندنمي اگر بخوانيد؟ را نامه اين توانيد می آيا : مهم کند کمک شما به آن خواندن در بخواهيم شخصی از توانيممي زبان به و کتبی صورت به را نامه اين بتوانيد است ممکن همچنین با فوراً لطفاً، رايگان کمک دریافت برای. کنید دریافت خودتان تماس (711) 1-888-254-2721. (TTY/TDD: 711) شماره بگيريد.

### Hindi

**महत्वपूर्ण:** क्या आप यह पत्र पढ़ सकते हैं? यदि नहीं, तो हम इसे पढ़ने में किसी की मदद ले सकते हैं। यह पत्र आप अपनी भाषा में भी लिखवा सकते हैं। निःशुल्क सहायता के लिए, कृपया तुरंत 1-888-254-2721 पर कॉल करें। (टीटीवाई/टीडीडी:711)

### Hmong

**TSEEM CEEB:** Koj puas nyeem tau daim ntawv no? Yog tias tsis tau, peb muaj qee tus neeg pab nyeem nws rau koj. Koj los kuj yuav tau txais ib daim ntawv sau ua kom yam lus. Rau kev pab dawb, thov hu tam sim ntawm 1-888-254-2721. (TTY/TDD: 711)

### Japanese

重要：この文書を読むことができますか？ 読むことができない場合、支援することができます。また、日本語で訳されたこの文書を書面で受け取ることができます。無料の支援をご希望の場合、1-888-254-2721 (TTY/TDD:711) にご連絡ください。

### Khmner

សំខាន់៖ តើអ្នកអាចអាជីវកម្មសំបុត្រឯទេ៖លានទេ៖  
តើអ្នកតែងទេ យើងអាចអាជីវកម្មយកម្មសំបុត្រឯទេ៖  
អ្នកតែងអាចទទួលបានសំបុត្រឯទេ៖សរស់ជាតាមរបស់អ្នកដែងទេ ស្របតាមដំឡើយដោយ  
តាតគិតថ្លែង ស្របទូរសព្ទមកតាមបច្ចុប្បន្ន:លេខ 1-888-254-2721. (TTY/TDD: 711)

## Korean

중요: 이 편지를 읽으실 수 있으신가요?  
그렇지 않으신 경우, 이를 읽으실 수 있도록  
도움을 제공해 드릴 수 있습니다. 귀하의  
모국어로 된 편지를 우편으로 받아보실 수도  
있습니다. 무상으로 제공되는 도움이  
필요하신 경우, 1-888-254-2721번으로 바로  
연락해 주십시오. (TTY/TDD: 711)

## Punjabi

ਕੀ ਤੁਸੀਂ ਇਹ ਚਿੱਠੀ ਪੜ੍ਹ ਸਕਦੇ ਹੋ? ਜੇਕਰ ਨਹੀਂ, ਤਾਂ ਅਸੀਂ  
ਇਸਨੂੰ ਪੜ੍ਹਨ ਵਿੱਚ ਤੁਹਾਡੀ ਮਦਦ ਕਰ ਸਕਦੇ ਹਾਂ। ਤੁਸੀਂ  
ਇਸ ਚਿੱਠੀ ਨੂੰ ਆਪਣੀ ਭਾਸ਼ਾ ਵਿੱਚ ਵੀ ਲਿਖ ਸਕਦੇ ਹੋ।  
ਮੁਫ਼ਤ ਮਦਦ ਲਈ, ਕਿਰਪਾ ਕਰਕੇ ਤੁਰੱਤ ਇਸ 'ਤੇ ਕਾਲ  
ਕਰੋ 1-888-254-2721। (TTY/TDD: 711)

## Russian

**ВАЖНАЯ ИНФОРМАЦИЯ:** Можете ли  
вы прочитать данное письмо? Если нет,  
наш специалист поможет вам в этом.  
Вы также можете получить данное  
письмо на вашем языке. Для получения  
бесплатной помощи звоните по номеру  
1-888-254-2721. (TTY/TDD: 711)

## Tagalog

MAHALAGA: Mababasa mo ba ang  
sulat na ito? Kung hindi, mayroon kaming  
makakatulong sa iyo na basahin ito.  
Maaari mo ring makuha ang sulat na ito  
nang nakasulat sa iyong wika. Para sa  
libreng tulong, mangyaring tumawag  
kaagad sa 1-888-254-2721.  
(TTY/TDD: 711)

## Thai

ສໍາຄັນ: ຄຸນສາມາດຮອ່ານຈົດໝາຍນີ້ໄດ້ແຮງໄວ້  
ໜາກຄຸນຮອ່ານຈົດໝາຍນີ້ໄມ້ໄດ້ ເຮົາສາມາດຮອ່ານຂອ້າໃຫ້  
ໄຄຣສັກຄນໜ່ວຍຄຸນຮອ່ານໄດ້ ຄຸນສາມາດຮັ້ອງຂອ້າ  
ຈົດໝາຍນີ້ທີ່ເຂີຍນີ້ໃນກາໝາຂອງຄຸນໄດ້ເຊັ່ນກັນ  
ໜາກຕ້ອງການຄວາມໜ່ວຍແໜ້ວແບບໄນ້ມີຄໍາໃຈໆຈ່າຍ  
ໂປຣໂທຮາເຮາໄດ້ທັນທີ 1-888-254-2721.  
(TTY/TDD: 711)

## Vietnamese

QUAN TRỌNG: Quý vị có đọc được lá thư  
này không? Nếu không, chúng tôi có thể  
nhờ ai đó giúp quý vị đọc. Quý vị cũng có  
thể yêu cầu thư này viết bằng ngôn ngữ  
của quý vị. Để được trợ giúp miễn phí,  
hãy gọi ngay đến số 1-888-254-2721.  
(TTY/TDD: 711)

## It's important we treat you fairly

We follow state and federal civil rights laws in our health programs and activities. Members can get reasonable modifications as well as free auxiliary aids and services if you have a disability. We don't discriminate on the basis of race, color, national origin, ancestry, religion, sex, marital status, gender, gender identity, sexual orientation, age or disability. For people whose primary language isn't English (or have limited proficiency), we offer free language assistance services, in a timely manner, like interpreters and other written languages. Interested in these services? Call the Member Services number on your ID card for help (TTY/TDD: 711) or visit our website. If you think we failed in any areas or to learn more about grievance procedures, you can mail a complaint to: Compliance Coordinator, P.O. Box 27401, Richmond, VA 23279, or if you think you were discriminated against based on race, color, national origin, age, disability, or sex, you can mail a complaint directly to the U.S. Department of Health and Human Services, Office for Civil Rights at 200 Independence Avenue, SW; Room 509F, HHH Building; Washington, D.C. 20201. You can also call 1-800- 368-1019 (TDD: 1-800-537-7697) or visit <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>